

Anxiety House Clinician Guide

Clinician:	Treatment areas	Age range	Days in clinic
Alithea Taylor	*All Areas	*Over 7	Tuesday Wednesday Thursday Friday Saturday
Angela Randell	*All Areas	*All ages - tend to work best with children	Monday Tuesday Wednesday
Anthony Teoh	*All areas	*All ages	Monday Tuesday Wednesday Thursday
Ashleigh Trinder	*Generalised Anxiety *Social Anxiety *Relationship Anxiety/Difficulties *Self-Esteem/Body Image concerns *Specific Phobias *Depression *Lifestyle improvements/Adjustment difficulties	*From 16yo onwards	Monday Friday
Helen Bailey	*GAD *Depression *Problems of self (self-concept, self-esteem, self-development, identity) *Interpersonal and relationship problems *Eating disorders *Personality disorders *Addiction *Anxiety in the workplace *Orthorexia *PTSD and trauma	*18+	Wednesday Friday Saturday
Shelby Price	*All Areas	*All ages	Monday Tuesday